

# Slogans to Live By

First things first.

Time takes time.

Cultivate an attitude of gratitude.

Humility is not thinking less of yourself, but thinking of yourself less.

Live and let live.

Let go and let God.

One day at a time.

Misery is optional.

HALT = Don't get to **Hungry, Angry, Lonely, Tired**

You can't think your way into a new way of living... you have to live your way into a new way of thinking.

Your worth should never depend on another person's opinion.

Learn to listen and listen to learn.

If you don't want to slip, stay away from slippery places.

If you do what you always did, you'll get what you always got.

This too shall pass.

Turn it over.

Progress, not perfection.

Keep it simple.

Think..... think..... think.

Resentment is like drinking poison and expecting someone else to die.

Just for today.

Willingness is the key.

Time takes time.

If you expect respect, be the first to show some.

When all else fails, follow directions.

Give time time.

Don't quit before the miracle happens.

Nothing changes if nothing changes.

Change is a process, not an event.

It is possible to change without improving—it is impossible to improve without change.

You only get out of it what you put into it.

I was sick and tired of being sick and tired.

Easy does it.

Easy does it, but do it.

Serenity is not freedom from the storm but peace amid the storm.

Growing old is mandatory. Growing up is optional.

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