








































Feelings Chart

Angry 	Annoyed 	Ashamed 	Brave 	Bored 
Calm 	Cheerful 	Comfortable 	Confident 	Confused 
Cranky 	Delighted 	Depressed 	Disappointed 	Disgusted 
Embarrassed 	Excited 	Frightened 	Frustrated 	Guilty 
Happy 	Included 	Jealous 	Left Out 	Lonely 
Mean 	Nervous 	Overjoyed 	Overwhelmed 	Peaceful 
Proud 	Sad 	Scared 	Serious 	Safe 
Shy 	Silly 	Tired 	Uncomfortable 	Worried 