








Talking Bundle Color Chart

In the Lakotah Tradition, each color has a special meaning. We will use this symbolism to create a sacred talking bundle for our important group discussions.

-  **Red is for life**
-  **Yellow is for knowledge**
-  **Blue is for prayer and wisdom**
-  **White is for spirit**
-  **Purple is for healing**
-  **Orange is for feeling kinship with all living things**
-  **Black is for clarity and focus**