

CD Awards

OBJECTIVE

- To acknowledge the positive accomplishments of other participants
- To create unique and customized medals of achievement for each participant

MATERIALS

- Old CDs (one for each participant)
- Access to a microwave
- Sharpie markers
- Jumbo binder clips

SETUP

- None

INSTRUCTIONS

1. **Write** the names of all your program participants on a slip of paper and place slips of paper in a hat.
2. Have each participant **pick** a name out of the hat.
3. **Ask** them to think about one nice thing for which they would like to acknowledge this person.
4. **Explain** that they will be making a special medal of recognition for this person.
5. **Distribute** one CD to each participant.
6. Have participants **place** their CDs in the microwave for thirty to forty-five seconds on a microwave-safe plate.
7. The CDs will fragment to create a glass mosaic look.
8. Have participants **write** the name of their person and their acknowledgement of them on the CD.
9. Have them **attach** the jumbo binder clip to the bottom of the CD to create a base for the medal.
10. Have participants **form** a circle and **present** their award to the person whose name they chose.

DEBRIEF

- **Was it difficult to think of something nice to say about your peers?**
- **How did it feel to receive your medal?**
- **What are other nice things we can do for each other?**

DIAL IT DOWN

- **Pre-microwave** the CDs.
- Give participants a **label** on which to write their award acknowledgements.
- Use the **binder clip** to attach the label and the CD.